QHC Pediatrics is my seventh clinical rotation place. I love this rotation because in Pediatrics, I learned many new things such as performing specific procedures for children. I will greatly benefit from this experience in my future clinical practice.

My working schedule in QHC Pediatrics include three parts. I spent my three weeks in the ED Pediatrics, working for three shifts a week. The working schedules are variable, including 7 am to 7 pm, 10 am to 10 pm, 1 pm to 1 am, and 7 pm to 7 am. I spent next three days in newborn rooms where my schedule is form 7:30 am to 3:30 pm. I spent my last week in the Pediatric clinics where my schedule is form 9:00 am to 5:00 pm. In the ED Pediatrics, I followed the different physicians to see ED Pediatric patients, including psychiatric patients and on-psychiatric patients. My work included getting H&Ps, assisting in the test ordering, assessment and managements, asking for psychiatric consultations and helping in performing procedures. In the newborn rooms, I followed PA/NP to do newborn examinations, and sometimes observe operations such as C-section and circumcision. In the clinic, I followed the physicians to deal with outpatients, including getting H&Ps, assisting in the test ordering, assessment and managements, and helping in performing procedures. There are different types of clinics, including primary care, endocrinology, genetics, pulmonology, cardiology, neurology, and adolescence, to deal with different types of diseases or patients with different stages of ages.

In my rotation, I got the experience with patients with different disorders and different stages of ages. At first, I knew how to get information from patients with different age stages, including newborns, young children, old children and adolescences, and manage them. For example, I learnt when I need to talk with adolescences alone and when I need to talk with them and their parents. I learnt what information I cannot share with their parents. Another example, I learnt how to do the physical exams for the young kids, totally different from those for old children. Also, I learnt how to perform a detailed specific evaluation, make a list of possible differential disorders, set up a treatment plan including tests, interventions, and medications for pediatric patients. In addition, I learnt many skills for specific conditions, such as child abuse, preterm newborn monitoring, circumcision. I learnt even in a team including physicians, PA or NP could be a team leader, too. For example, there was an urgent delivery in a vehicle in front of QHC in the early morning. The PA that I followed took the charge of team work. She distributed the different jobs to residents, nurses, other NPs and social workers. After the hard team work, the newborn without respiration at the beginning was saved, and the parents wrote a gratitude letter to the hospital and the NP. It is a really good experience.

In my rotation, I realized my problems. I need to spend more time to practice pediatric skills. I would like to do it because it will make me confident in my future clinical practice.